

Equipped for Ministry

Spiritual Health Assessment

Jesus has given His church pastors for the purpose of equipping the saints “for the work of ministry” (Eph. 4:11-12). The pastors of MBBC have identified six ways in which disciples of Jesus need to be equipped so that they can do and be all they have been called to. We want to equip you for ministry by equipping you to **think, be, relate, serve, steward, and witness**. The following assessment is designed to help you identify the area of life in which you are weak and need the most equipping. The more honest and objective you are in filling out this assessment, the more useful this tool will be in helping you grow spiritually.

Equipped to THINK biblically

| | Never | Rarely | Occasionally | Often | Always |
|------------------------------------------------------------------------------------------------------------------------------|-------|--------|--------------|-------|--------|
| I am able to evaluate all teaching, ideas, values, and life-styles to see if they are consistent with the Bible. | 1 | 2 | 3 | 4 | 5 |
| I am certain that the Bible is true in all that it teaches and that it provides God’s instructions for life. | 1 | 2 | 3 | 4 | 5 |
| I am continually growing in my knowledge and obedience to the Bible. | 1 | 2 | 3 | 4 | 5 |
| I know the basic teachings of the Bible. | 1 | 2 | 3 | 4 | 5 |
| I read and study the Bible on my own. | 1 | 2 | 3 | 4 | 5 |
| I can explain and defend my Christian beliefs and lifestyle from the Bible. | 1 | 2 | 3 | 4 | 5 |
| The Bible is the standard by which I make decisions and manage my life. | 1 | 2 | 3 | 4 | 5 |
| I understand the overall story of the Bible. | 1 | 2 | 3 | 4 | 5 |
| I have a good understanding of the major doctrines of the Bible (i.e. the doctrine of sin, the doctrine of salvation, etc.). | 1 | 2 | 3 | 4 | 5 |
| I basically know how to study through a book of the Bible on my own. | 1 | 2 | 3 | 4 | 5 |

Total Score: _____

Equipped to BE distinctively Christian

| | Never | Rarely | Occasionally | Often | Always |
|------------------------------------------------------------------------------------------------------------------------|-------|--------|--------------|-------|--------|
| I have a growing relationship with God through regular quiet time in His word and prayer. | 1 | 2 | 3 | 4 | 5 |
| I respond to challenges with peace and faith rather than anxiety and fear. | 1 | 2 | 3 | 4 | 5 |
| I avoid using addictive behaviors (food, television, busyness, etc.) to meet my needs. | 1 | 2 | 3 | 4 | 5 |
| I have a relationship with someone that encourages spiritual health and personal growth. | 1 | 2 | 3 | 4 | 5 |
| I resist the temptation to get involved in questionable activities that might reflect poorly on Christ and His church. | 1 | 2 | 3 | 4 | 5 |
| My friends and colleagues can tell that there is something distinct about my lifestyle. | 1 | 2 | 3 | 4 | 5 |
| My lifestyle reflects the fact that I define what it means to be a man or woman by God’s word rather than the culture. | 1 | 2 | 3 | 4 | 5 |
| I consistently maintain purity in thought and deed. | 1 | 2 | 3 | 4 | 5 |
| I respond to my culture (i.e. materialism, media, entertainment, politics, etc.) biblically. | 1 | 2 | 3 | 4 | 5 |
| Meditation upon Scripture and continual prayer are a regular part of my day. | 1 | 2 | 3 | 4 | 5 |

Total Score: _____

Equipped to RELATE correctly to your family, church, and others

| | Never | Rarely | Occasionally | Often | Always |
|---------------------------------------------------------------------------------------------------------------------|-------|--------|--------------|-------|--------|
| Everybody: | | | | | |
| I avoid actions that cause divisions within the church such as gossip, slander, and leaving conflicts unresolved. | 1 | 2 | 3 | 4 | 5 |
| I submit to and support the leaders of the church biblically both externally and internally. | 1 | 2 | 3 | 4 | 5 |
| Respond to these statements <u>only</u> if you are married with kids: | | | | | |
| My family regularly participates in family worship (i.e. praying, studying Scripture, praising God together, etc.). | 1 | 2 | 3 | 4 | 5 |

| | | | | | |
|--------------------------------------------------------------------------------------------------------------------|---|---|---|---|---|
| I communicate and resolve conflict with my spouse effectively and biblically. | 1 | 2 | 3 | 4 | 5 |
| As a husband, I love my wife as Christ loved the church, <i>or as</i> a wife, I submit to my husband as to Christ. | 1 | 2 | 3 | 4 | 5 |
| When wronged, I forgive my spouse as Christ forgave me. | 1 | 2 | 3 | 4 | 5 |
| The way I spend my time demonstrates that I value my family more than wealth/career/hobbies. | 1 | 2 | 3 | 4 | 5 |
| I understand how to discipline my children consistently and biblically. | 1 | 2 | 3 | 4 | 5 |
| I am rearing and instructing my children in the way of the Lord. | 1 | 2 | 3 | 4 | 5 |
| I seek to shepherd my child's heart, rather than merely modify his/her behavior. | 1 | 2 | 3 | 4 | 5 |

Respond to these statements only if you are married without kids:

| | | | | | |
|---------------------------------------------------------------------------------------------------------------------------|---|---|---|---|---|
| My family regularly participates in family worship (i.e. praying, studying Scripture, praising God together, etc.). | 1 | 2 | 3 | 4 | 5 |
| As a husband, I am the spiritual leader of my home, <i>or as</i> a wife, I follow the spiritual leadership of my husband. | 1 | 2 | 3 | 4 | 5 |
| I communicate with my spouse effectively and biblically. | 1 | 2 | 3 | 4 | 5 |
| My spouse and I resolve conflict effectively and biblically. | 1 | 2 | 3 | 4 | 5 |
| As a husband, I love my wife as Christ loved the church, <i>or as</i> a wife, I submit to my husband as to Christ. | 1 | 2 | 3 | 4 | 5 |
| When wronged, I forgive my spouse as Christ forgave me. | 1 | 2 | 3 | 4 | 5 |
| I have reasonable and biblical expectations for my marriage. | 1 | 2 | 3 | 4 | 5 |
| The way I spend my time demonstrates that I value my family more than wealth/career/hobbies. | 1 | 2 | 3 | 4 | 5 |

Respond to these statements only if you are single with kids:

| | | | | | |
|-------------------------------------------------------------------------------------------------------------------------|---|---|---|---|---|
| I have a biblical understanding of singleness. | 1 | 2 | 3 | 4 | 5 |
| I am content as a single person because of my relationship with Christ. | 1 | 2 | 3 | 4 | 5 |
| When I date, I maintain a high level of purity and avoid reproachable and tempting situations. | 1 | 2 | 3 | 4 | 5 |
| I approach dating as a means to determine if marriage is a possibility and not merely as a means to resolve loneliness. | 1 | 2 | 3 | 4 | 5 |

| | | | | | |
|----------------------------------------------------------------------------------|---|---|---|---|---|
| I have close relationships with other Christians in my church family. | 1 | 2 | 3 | 4 | 5 |
| I understand how to discipline my children consistently and biblically. | 1 | 2 | 3 | 4 | 5 |
| I am rearing and instructing my children in the way of the Lord. | 1 | 2 | 3 | 4 | 5 |
| I seek to shepherd my child's heart, rather than merely modify his/her behavior. | 1 | 2 | 3 | 4 | 5 |

Respond to these statements only if you are single without kids:

| | | | | | |
|-------------------------------------------------------------------------------------------------------------------------|---|---|---|---|---|
| I have a biblical understanding of singleness. | 1 | 2 | 3 | 4 | 5 |
| I am content as a single person because of my relationship with Christ. | 1 | 2 | 3 | 4 | 5 |
| I use my singleness for Christ and ministry. | 1 | 2 | 3 | 4 | 5 |
| When I date, I maintain a high level of purity and avoid reproachable and tempting situations. | 1 | 2 | 3 | 4 | 5 |
| I approach dating as a means to determine if marriage is a possibility and not merely as a means to resolve loneliness. | 1 | 2 | 3 | 4 | 5 |
| I find my identity in Jesus Christ. | 1 | 2 | 3 | 4 | 5 |
| I let Scripture rather than culture define what a dating relationship should look like. | 1 | 2 | 3 | 4 | 5 |
| I have close relationships with other Christians in my church family. | 1 | 2 | 3 | 4 | 5 |

Total Score: _____

Equipped to SERVE selflessly

| | Never | Rarely | Occasionally | Often | Always |
|------------------------------------------------------------------------------------------------------|-------|--------|--------------|-------|--------|
| I have a good understanding of how God has gifted me to serve others. | 1 | 2 | 3 | 4 | 5 |
| I am serving in a regular (once a month or better) ministry in the church or community. | 1 | 2 | 3 | 4 | 5 |
| I can honestly say that I am not merely a hearer of the word but also a doer of the word. | 1 | 2 | 3 | 4 | 5 |
| I am seeking opportunities to cultivate and develop my gifts and abilities for the sake of ministry. | 1 | 2 | 3 | 4 | 5 |

| | | | | | |
|-------------------------------------------------------------------------------------------------------------|---|---|---|---|---|
| I pray regularly for God to provide opportunities for me to serve others. | 1 | 2 | 3 | 4 | 5 |
| I enjoy meeting the needs of others without expecting anything (including reward or recognition) in return. | 1 | 2 | 3 | 4 | 5 |
| I think of myself as an unworthy servant. | 1 | 2 | 3 | 4 | 5 |
| I have compassion on the needy in my community and do what I can to help them. | 1 | 2 | 3 | 4 | 5 |
| When I see a need that I can supply, I do so without hesitation. | 1 | 2 | 3 | 4 | 5 |
| I follow the example of Jesus as a servant. | 1 | 2 | 3 | 4 | 5 |

Total Score: _____

Equipped to STEWARD faithfully

| | Never | Rarely | Occasionally | Often | Always |
|------------------------------------------------------------------------------------------------------------------|-------|--------|--------------|-------|--------|
| I believe everything I have belongs to God and has been entrusted to me to steward faithfully. | 1 | 2 | 3 | 4 | 5 |
| I give a portion of my income to the church sacrificially, regularly, and graciously. | 1 | 2 | 3 | 4 | 5 |
| I increase the percentage that I give to the church as the Lord provides increase. | 1 | 2 | 3 | 4 | 5 |
| I think of ways to save money specifically for the purpose of being able to give more to God. | 1 | 2 | 3 | 4 | 5 |
| I live on a budget and manage my financial resources to honor God. | 1 | 2 | 3 | 4 | 5 |
| I am living in financial freedom from debt. | 1 | 2 | 3 | 4 | 5 |
| I live within my financial means. | 1 | 2 | 3 | 4 | 5 |
| I can honestly say that my priority and focus is to store up treasures in heaven rather than on earth. | 1 | 2 | 3 | 4 | 5 |
| I am able to give as the Lord directs to those in need. | 1 | 2 | 3 | 4 | 5 |
| I have a plan to save for future events such as emergencies, college, and retirement and am executing that plan. | 1 | 2 | 3 | 4 | 5 |

Total Score: _____

Equipped to WITNESS boldly

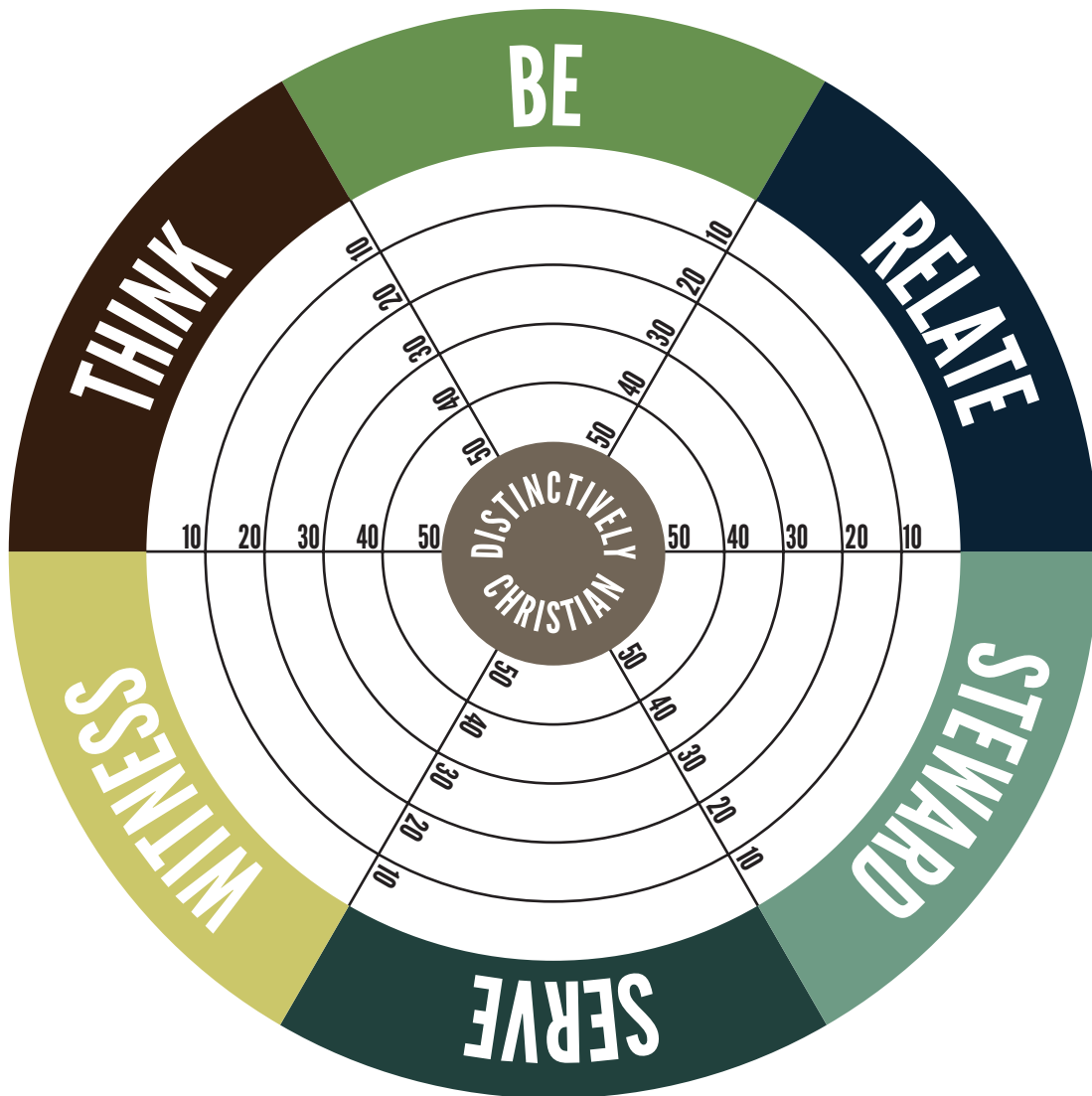
| | Never | Rarely | Occasionally | Often | Always |
|--------------------------------------------------------------------------------------------------------------------------------|-------|--------|--------------|-------|--------|
| I am confident in my ability to accurately, clearly and concisely articulate the Gospel to an unbeliever. | 1 | 2 | 3 | 4 | 5 |
| I am confident in my ability to clearly and concisely tell others my personal testimony. | 1 | 2 | 3 | 4 | 5 |
| I regularly (on a weekly basis or better) share the Gospel with unbelievers. | 1 | 2 | 3 | 4 | 5 |
| I intentionally develop and maintain relationships with unbelievers with the hope of being able to share the Gospel with them. | 1 | 2 | 3 | 4 | 5 |
| I understand God's mission in the world and feel personal responsibility to be a part of that mission. | 1 | 2 | 3 | 4 | 5 |
| I feel well prepared to defend the faith against people's objections. | 1 | 2 | 3 | 4 | 5 |
| I have a good understanding of the worldviews of my community and how to respond to them with the Gospel. | 1 | 2 | 3 | 4 | 5 |
| I have a good understanding of the false religions of my community and how to respond to them with the Gospel. | 1 | 2 | 3 | 4 | 5 |
| I regularly pray and consider if God would have me go on a global mission trip and am willing to go if He does. | 1 | 2 | 3 | 4 | 5 |
| I support global missions either financially, by going, or by prayer. | 1 | 2 | 3 | 4 | 5 |

Total Score: _____

The Wheel Diagram

Total your score from each category and transfer your totals to the wheel diagram below. Mark on the wheel what you scored in each area. This should give you a good picture of where you are strong, and areas that need improvement. The area where you scored lowest is the area that you should focus on this next semester or year.

Equipped to...



Now that you have identified areas in which you need to be better equipped, refer to the current **Equipped for Ministry** guide to find ways you can obtain the equipping you need. Do not just take classes and seminars you are interested in, take ones in which you are weak. The pastors of MBBC strongly encourage every member to be involved in at least one equipping opportunity each semester. Remember, the purpose of being equipped is not merely for personal edification, but to actually do the work of ministry. All of our **Equipped for Ministry** opportunities are not ends in and of themselves, but a means for you to be able to do ministry. We'll be faithful to equip you—you be faithful to minister.